



eal Reno County is a coalition that seeks to make our community a healthy place to live, work, learn, and play by creating opportunities for healthy choices and building a culture that embraces healthy eating and active living.

## **Community Perception**

- Of Resist chapter members surveyed, 60% said they thought electronic cigarettes were marketed to teenagers.
- · About one fourth of Resist chapter members surveyed said they didn't know how their school's anti-vaping policies were enforced.
- Of Resist chapter members surveyed, 40% said improving understanding of the effects of vaping was both the main challenge and main opportunity for reducing vaping in schools.

The Pathways grant is helping our community develop and act on a vision for a healthier future."

> — Adam Stewart, Neighborhood Development Coordinator. Hutch. Rec.



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# **Reno County**

#### **Healthy Eating**

We are working with the Reno County Farmers Market to get more fresh, healthy, locally grown food on people's plates. The market has taken a big step already by adding the option for customers to use SNAP benefits for payment.





### **Active Living**



We are partnering with the City of Hutchinson to explore the possibility of a new trailhead for the Jim P. Martinez Sunflower

Trail in a neighborhood that does not currently have good access to the trail, which connects to several parks with a variety of amenities.

## **Commercial Tobacco Control**

We are working with **Resist** student groups in multiple school districts to build support for policies that will not just reduce the use of electronic cigarettes in schools but provide support for vaping cessation.

#### Initiative Wide: In general, my community has sufficient opportunities for physical activity.



# **Key findings:**

About two-thirds of respondents across the 24 Pathways communities said their community has sufficient opportunities for physical activity.

Results are based on data from an initative-wide survey of Blue Cross and Blue Shield of Kansas members for whom e-mail addresses were available in each of the 26 counties in which BCBSKS has funded coaltiions as part of the Pathways to a Healthy Kansas Initiative. N = 4,845. The survey response rate was 6.9 percent.







Pathways to a Healthy Kansas combines evidence-based solutions and promising practices for improving healthy eating, active living and tobacco prevention to make a large impact in communities. The program provides community coalitions with the tools and resources needed to remove barriers and engage their communities - and represents the largest community grant program ever funded by Blue Cross and Blue Shield of Kansas.

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