





## Four Years of Impact

Our school garden project turned out to fill a huge need for Pittsburg High School. With the Pathways implementation grant, Dragon Farms will be able to relocate their growing container to a more appropriate location on campus and install a water filtering system which will drastically lower their water expense.

Fernandez Market will be adding cooler space to their store, which they will use to add healthier foods for their growing population of Marshallese customers. Fernandez Market not only is adding healthy foods to be offered in their store, but meeting demands from a broader base of customers.

Wesley House will be using their implementation grant to convert to a 100% client choice food pantry. This will allow their clients to make food selections that are more appropriate for their family and medical needs.



Live Well Crawford County (620) 704-0019 bstroud@crawfordcohd.org Facebook: LiveWellCrawfordCounty Twitter: LiveWellCrawCo

## **Crawford County**

**Live Well Crawford County's** mission is promoting healthy lifestyle choices through education, motivation and support for all generations. Live Well Crawford County's vision is to "Make the Healthy Choice the Easy Choice!"



The Pathways grant is allowing us to serve not only healthier foods, but healthier foods that serve a growing demand of our Marshallese customers. Miguel Fernandez, Owner, Fernandez Market Note: Results are from a survey of Blue Cross and Blue Shield of Kansas members for whom e-mail addresses were available in communities that received Pathways funding. The survey response rate was 4.7% (N = 3,354). Blank response = 3.5%.

## From Voices to Victories: The Impact of Community Engagement

Wesley House has shown a growing number of clients needing food assistance. In collaboration with Live Well Crawford County and Pathways, pantry clients were surveyed directly about their health and dietary needs. This informed Wesley House's pantry offerings to include more food that meets cultural traditions, health needs and personal preferences.



Pathways to a Healthy Kansas combines evidence-based solutions and promising practices for improving healthy eating, active living and tobacco prevention to make a large impact in communities. The program provides community coalitions with the tools and resources needed to remove barriers and engage their communities – and represents the largest community grant program ever funded by Blue Cross and Blue Shield of Kansas.

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