





## Four Years of Impact

The Kearny County Farmers Market received a Pathways grant to offer boxes of fresh produce during the winter. Residents can access fresh farm products from November to June, including eggs, meats, breads and vegetables. This initiative promotes year-round healthy eating for all residents.

Through the Pathways grant awarded to the City of Deerfield, we are enhancing safety for children in the Deerfield community. By installing LED crossing signs and painting crosswalks, we are facilitating safer pedestrian routes from the east side of town to the west.

Lakin USD 215 received a Pathways grant to expand and sustain their community garden to grow fresh vegetables for both children and the community.



## Kearny County Wellness Coalition (719) 775-6091 sharper@kearnycountyhospital.com Facebook: @kearny county wellness coalition

## **Kearny County**

The **Kearny County Wellness Coalition** pursues projects and programs that bring health, wellness and education to Kearny County. With the help of Pathways to a Healthy Kansas, we are making meaningful changes and opportunities for people of all ages, backgrounds and income levels.



I just love boxes with fresh produce! Such a variety and delicious food! Thank you to the Pathways initiative. Kathy White, farmers market shopper Initiative Wide: In general, how would you rate the overall health of your

community?

**31.5%** Very healthy/Healthy

**49.4%** Somewhat healthy

15.5% Very unhealthy/Unhealthy

Note: Results are from a survey of Blue Cross and Blue Shield of Kansas members for whom e-mail addresses were available in communities that received Pathways funding. The survey response rate was 4.7% (N = 3,354). Blank response = 3.5%.

## From Voices to Victories: The Impact of Community Engagement

To understand what matters most to our community regarding children's safety while walking, Kearny County Wellness Coalition asked parents for their thoughts during school basketball games. This helped us decide what locations needed LED crossing signs the most.



Pathways to a Healthy Kansas combines evidence-based solutions and promising practices for improving healthy eating, active living and tobacco prevention to make a large impact in communities. The program provides community coalitions with the tools and resources needed to remove barriers and engage their communities – and represents the largest community grant program ever funded by Blue Cross and Blue Shield of Kansas.

Blue Cross and Blue Shield of Kansas is an independent licensee of the Blue Cross Blue Shield Association. BLUE CROSS®, BLUE SHIELD® and the Cross and Shield Symbols are registered service marks of the Blue Cross Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans. Kearny County Wellness Coalition is not affiliated with Blue Cross and Blue Shield of Kansas.