





## Four Years of Impact

The Norton Regional Health Foundation received two Pathways grants to improve community health and wellness using data-driven, community engagement. Grant funds were used to conduct a Community Health Improvement Plan and a local food assessment. These reports identified fresh produce access, childcare and pedestrian infrastructure as top community priorities.

USD 211 was awarded grant funding to extend sidewalks at Eisenhower Elementary School and close gaps in pedestrian infrastructure between the school and the Armory Drive trail and the adjacent neighborhood. The funding will also support future evaluation and planning of Safe Routes to School infrastructure throughout the community, providing children and families opportunities for physical activity while en route to school.

Feed My People and Norton Community Garden Coalition received funding to develop and expand community access to fresh produce in Norton County. Both gardens updated policies to improve access and ensure future community use of the gardens.



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## **Norton County**

**Live Well Norton** seeks to make our community a healthy place to live, work, learn and play by creating opportunities for healthy choices and building a culture that embraces healthy eating and active living. Together through Pathways, we're working with our county to make changes so that healthy choices are easy, familiar and an expected part of our routines and traditions.





Pathways grant funding allowed the development of our garden, giving us the ability to provide all citizens opportunities to learn how, grow and have access to healthy food. Reva Benien, Treasurer, Norton Community Garden Coalition Initiative Wide: Community conditions (e.g. housing,

(e.g. nousing, transportation, education) impact overall health.

71.3% Strongly agree/Agree

**18.3%** Neither agree nor disagree

**4.7%** Strongly disagree/Disagree

Note: Results are from a survey of Blue Cross and Blue Shield of Kansas members for whom e-mail addresses were available in communities that received Pathways funding. The survey response rate was 4.7% (N = 3,354). Blank response = 5.7%.

## From Voices to Victories: The Impact of Community Engagement

The Norton Correctional Facility (NCF) Dual Mural project engaged community members and NCF residents to foster community through the arts. Both groups created imagery and elements to design murals that explore their relationship and connection and will have an opportunity to review and approve the final design and paint the murals.



Pathways to a Healthy Kansas combines evidence-based solutions and promising practices for improving healthy eating, active living and tobacco prevention to make a large impact in communities. The program provides community coalitions with the tools and resources needed to remove barriers and engage their communities – and represents the largest community grant program ever funded by Blue Cross and Blue Shield of Kansas.

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