





Four Years of Impact

The Food and Farm Council received a Pathways grant to develop a Master Food Plan. Through community engagement strategies including a resident lived experience survey, focus groups and a partner summit, a 10-year strategic Master Food Plan was adopted by the City and County Commissions.

Adding a sidewalk along the north side of Fort Riley Boulevard between Martin Luther King, Jr. Boulevard and Westview Drive, where a cow path currently exists, has long been a priority for the City of Manhattan. Thanks to a Pathways grant, safe access along this busy corridor will provide residents access to public services and businesses that were previously inaccessible.

66

Under Pathways, Resist chapters supported the Flint Hills Wellness Coalition's efforts to persuade the Riley County Commission to prohibit vaping and smoking in public parks and on trails. The Commission's decision made Riley County the first county in Kansas where all public parks and trails are vape and smoke free.



Flint Hills Wellness Coalition (785) 341-1143 info@flinthillswellness.org flinthillswellness.org Facebook: FlintHillsWellnessCoalition Twitter: FlintHWC Instagram: fh_wellness

Riley County

The mission of the **Flint Hills Wellness Coalition** is to create a healthy, equitable community for Manhattan/Riley County residents through policy, system, environmental and personal change. Using a Health in All Policies framework, the Coalition and partners continue to elevate the discussion regarding healthy eating, active living and commercial tobacco use with the goal of improving individual and community health.



Pathways created a springboard for the Flint Hills Breadbasket's efforts to increase guest selection of healthy foods. Karla Hagemeister, Executive Director, Flint HIlls Breadbasket, Riley County Initiative Wide:

Community conditions (e.g. housing, transportation, education) impact overall health.

71.3% Strongly agree/Agree

18.3% Neither agree nor disagree

4.7% Strongly disagree/Disagree

Note: Results are from a survey of Blue Cross and Blue Shield of Kansas members for whom e-mail addresses were available in communities that received Pathways funding. The survey response rate was 4.7% (N = 3,354). Blank response = 5.7%.

From Voices to Victories: The Impact of Community Engagement

The development of the local food system work was guided by input from previously unheard voices, collected through focus groups conducted in multiple languages. The "Health in All Policies" policy statement, along with the "Diversity, Equity and Inclusion" policy, will further strengthen the Food and Farm Council bylaws.



Pathways to a Healthy Kansas combines evidence-based solutions and promising practices for improving healthy eating, active living and tobacco prevention to make a large impact in communities. The program provides community coalitions with the tools and resources needed to remove barriers and engage their communities – and represents the largest community grant program ever funded by Blue Cross and Blue Shield of Kansas.

Blue Cross and Blue Shield of Kansas is an independent licensee of the Blue Cross Blue Shield Association. BLUE CROSS®, BLUE SHIELD® and the Cross and Shield Symbols are registered service marks of the Blue Cross Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans. Flint Hills Wellness Coalition is not affiliated with Blue Cross and Blue Shield of Kansas.