





## Four Years of Impact

Rossville Community Foundation received a Pathways grant to support their work in providing a safe and accessible trail to the community. Funds supported the first phase of the cement trail installation near the junior and senior high school, close to community center and elder care home. The trail provides one of the few safe spaces for recreation in a town divided by a busy highway.

Interim Healthcare was awarded Pathways funding for its CNA Scholarship program, offering scholarships for CNA classes and testing to Interim employees. This investment benefits the Interim staff, the local economy and workforce and those receiving Interim services.

Patterson Family Childcare Center was granted Pathways funding for updating and printing new handbooks, purchasing active play equipment, manipulatives and activities for students' downtime. In addition, through the Pathways initiative, Patterson updated their program policies to include active play language, no screen time and a tobacco control policy that incorporated third-hand smoke.



LiveWell Shawnee County (785) 228-5112 skarns@uwkawvalley.org Facebook: livewellsnco Instagram: liv

## **Shawnee County**

**LiveWell Shawnee County** is a grassroots community health and wellness coalition, and we put equity at the forefront of the work we hope to accomplish in our communities. Our mission is to mobilize the community to act on health priorities so that policy, environment and practice influences a culture shift toward health and wellness for everyone in Topeka and Shawnee County.



The Pathways grant allowed our child care center to purchase playground equipment and indoor activities to help promote physical development. Melissa Patterson, Executive Director, Patterson Family Child Care Center Initiative Wide: In general, my community has sufficient opportunities for physical activity.

**60.6%** Strongly agree/Agree

**20.1%** Neither agree nor disagree

**15.8%** Strongly disagree/Disagree

Note: Results are from a survey of Blue Cross and Blue Shield of Kansas members for whom e-mail addresses were available in communities that received Pathways funding. The survey response rate was 4.7% (N = 3,354). Blank response = 3.5%.

## From Voices to Victories: The Impact of Community Engagement

Shawnee County Parks & Recreation and the City of Topeka united to update the Master Trails Plan. This collaboration, through a formal agreement focusing on the commitment to engaging the community advocating for and supporting transportation, aims to provide Shawnee County residents with more equitable access to outdoor spaces.



Pathways to a Healthy Kansas combines evidence-based solutions and promising practices for improving healthy eating, active living and tobacco prevention to make a large impact in communities. The program provides community coalitions with the tools and resources needed to remove barriers and engage their communities – and represents the largest community grant program ever funded by Blue Cross and Blue Shield of Kansas.

Blue Cross and Blue Shield of Kansas is an independent licensee of the Blue Cross Blue Shield Association. BLUE CROSS®, BLUE SHIELD® and the Cross and Shield Symbols are registered service marks of the Blue Cross Blue Shield Association, an association of independent Blue Cross and Blue Shield Plans. LiveWell Shawnee County is not affiliated with Blue Cross and Blue Shield of Kansas.