





Survey Results Guide Action Toward Healthy Options in Lyon County

Healthier Lyon County would like to thank community members for taking the community perception surveys. Your feedback guided us throughout the years of the *Pathways to a Healthy Kansas* project, an initiative of Blue Cross Blue Shield of Kansas. As we reflect on our work, we are especially proud of the following accomplishments:

- Three additional Farmers Markets have been established in the communities of Olpe, Americus, and Allen.
- The Safe Routes to Healthy Food Resolution was passed by the Emporia City Commission and new sidewalks were built near Dillon's and Goods Cash Saver. This initiative will allow more residents to safely access food.

Survey findings highlight progress that has been made and opportunities for additional work in our community.

Finding #1: 56% of residents surveyed indicated that Lyon County has a sufficient number of sidewalks & bike paths.

(Figure 1).

Action being taken: We are leveraging the Safe Routes to Healthy Food Resolution to continue to push for additional sidewalks and bike lanes. Currently we are focusing the area in front of Tyson to complete safe access from south Emporia.

Figure 2. Vendor at new Farmers Markets







Finding #2: In Lyon County, 76% of residents surveyed reported that it is easy to find fresh fruits and vegetables in their community

Action being taken: Healthier Lyon County partnered with Emporia Farmers Market to establish three new markets in the rural communities of Olpe, Americus, and Allen. (*Figure 2*). We will continue to work to establish markets in additional rural communities until all of Lyon County has a source of fresh food. Conclusion: Thanks to the Pathways Initiative we have had the support to make improvements in our community that led to increased food access, more opportunities for physical activity, and policies that will serve our community for years to come.

For more information about the survey or the Pathways initiative, contact: Daphne Mertens, Healthier Lyon County, dmertens@crosswindsks.org